



CONTENTS



MESSAGE FROM THE SHERIFF



HERO DEPUTY



JAIL INITIATIVES



ELDER SCAMS



DOG DAYS OF SUMMER



UPCOMING EVENTS



MESSAGE FROM THE SHERIFF

Hi everyone and welcome to the 2nd edition of my newsletter. I am honored to be your Sheriff and committed to serving our communities.



At the top of the news and all our priorities is homelessness. Recent developments with the Supreme Court decision on Grants Pass, and Governor Newsom releasing an executive order to state employees, serve to emphasize its importance. In 2018, we established the Sheriff's Homeless Assistance Resource Team (HART), and we proactively work with regional stakeholders to address homeless individuals in our communities. Law enforcement must be involved in the solution, and I am committed to that effort.

As the Sheriff, I recognize the need to be proactive in wildland fire response. Rest assured, that as a region we are ready. Law enforcement in San Diego is also monitoring and actively working to address any threats in our society surrounding key issues. These range from the war in the middle east, the upcoming elections, and other community concerns. We understand this preparedness requires additional resources and we recognized the need to add explosive detection dogs to our already extensive approach. Canines "Nalla" and "Dexter" are our newest recruits. Nalla and Dexter were paid for by donations from our Honorary Deputy Sheriff's Association and are uniquely trained to seek out explosives and firearms. Scan to learn more about our Explosives Detection K-9s.

Thanks for taking the time to learn more about your Sheriff's Office! Until next month, stay safe and stay in touch.



Kelly A. Martinez Sheriff



Scan to learn more about our Explosives Detection K-9s.

HERO DEPUTY MAKES HARROWING FREEWAY RESCUE: EDWIN COSBY

It was a night Edwin Cosby and his fellow deputies from the Rancho San Diego Sheriff's Station will never forget.

On the evening of February 29, they responded to a call of a teenage girl experiencing an emotional crisis near State Route 125 in Spring Valley. When they arrived on the scene, they could not believe their eyes: the girl was walking onto the southbound lanes of the freeway.

Deputy Cosby immediately began yelling for her to stop. His pleas were ignored as she continued to walk into lanes of traffic.

"I just knew that if we didn't act right away, something bad was going to happen ... to either her or another driver passing that wouldn't have seen her," said Cosby.

That is when Deputy Cosby took advantage of a small break in traffic and risked his own life by running across three lanes of the 125 to get the girl off the freeway.



Once they were off the freeway, Deputy Cosby and the deputies made sure the girl received the medical and mental health care she needed.

For his bravery and selflessness, Sheriff Kelly A. Martinez recently awarded Deputy Cosby one of the Sheriff's Office's highest honors: the Medal of Valor. The award is given to deputies that demonstrate acts of heroism where they risk their own lives in the line of duty.

Deputy Cosby is humbled by the recognition but says it is just part of his job.



"I was very fortunate that I was able to help her. That's why the majority have joined this profession. We're here to help people. And she was someone that was in need of our help right away."

JAIL INITIATIVES

The San Diego County Sheriff's Office continues its commitment to improving medical and mental health resources in county jails.

Everyone who is booked into our jails undergoes a medical evaluation, including a voluntary urine screening.



This helps us identify any substances people have in their system when they come into our facilities. The information guides the treatment plan they will receive from Sheriff's Medical Services.

We have expanded the Medication-Assisted Treatment (MAT) Program. We can better help people in our facilities through treatment programs that work with medication and counseling to reduce addiction.

When someone is released, they are provided resources for continuing care in the community.

We know a large portion of our jail population needs mental health services. We provide those mental health assessments at intake so we can implement the appropriate treatment as soon as possible.

Individuals who are unable to take care of themselves undergo Wellness Checks from a multi-disciplinary group of our staff that includes sworn staff, medical and mental health providers, as well as correctional counselors.

This group visits these individuals weekly in their cells, to assess if the person is eating, bathing, sleeping and generally taking care of themselves.

We can identify concerns and risks earlier and get people the help they need.

These are just some of the initiatives currently underway safer environment for everyone in Sheriff's custody.



ELDER SCAMS: STAY SAFE AND INFORMED

Various types of scams prey on unsuspecting individuals through different methods: Tech support scams start with deceptive pop-ups or emails, leading victims to call fraudulent numbers where scammers use aggressive tactics. Lottery scams promise winnings but demand personal information and fees upfront. Romance scams involve fake online personas manipulating emotions to solicit money. Wallet theft targets older women in stores, with one distracting while another steals. Protect yourself by questioning unrealistic offers, avoiding unfamiliar investments, reporting scams to law enforcement, staying vigilant while shopping, and never responding to suspicious calls or emails requesting money. For more on elder scams, visit www.sdsheriff.gov/resources/elder-abuse.





DOG DAYS OF SUMMER CHECK OUT SOME OF OUR SHERIFF'S K-9S

UPCOMING EVENTS





AXE



ARGO



ODIN





BRUCE

Ramona Rodeo

Thursday, August 22 to Saturday, August 24 4:30 p.m. to 10:00 p.m. Ramona Outdoor Community Center 421 Agua Lane



TIGER

San Diego Memorial 911 Stair Climb

Saturday, August 31 7:00 a.m. to 3:00 p.m. San Diego Hilton Bayfront 1 Park Blvd

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