



San Diego County Sheriff's Department

Homicide Unit

Media Information

SUBJECT: Homicide Investigation Update

LOCATION: 1200 block of Summit Ave., Encinitas

DATE/TIME: October 11, 2019 / 8:30 p.m.

VICTIM: Sabrina Lukosky, age 43

SUSPECT: Henry Simon Cowen, age 41

The following information is fragmentary and has not been completely verified. It is based, in part, on hearsay and is intended for early information use rather than being a formal investigative report.

Updated Information:

The facts revealed during the investigation pointed to a forty-one-year-old Encinitas man as the suspect. He was identified as the victim's boyfriend, Henry Simon Cowen. On October 11, 2019, Sheriff's Homicide Detectives obtained an arrest warrant for Cowen. This afternoon, the US Marshall Fugitive Task Force arrested Cowen without incident in the city of Riverside, CA. Cowen was transported and booked into the Vista Detention Facility on a single count of murder. He is being held without bail.

Information from prior press release on October 8, 2019:

The Sheriff's Department received a call from a citizen in the 1200 block of Summit Ave., about a foul odor they could smell in the area. Deputies responded and checked the area and noticed the smell. They conducted an investigation and obtained a warrant to search a residence on that street. On October 8, 2019 at approximately 5:15 p.m. detectives from the North Coastal Station served the warrant. They checked the main residence and a smaller structure located to the rear of the main residence. Inside the smaller structure, they found the body of a female adult. Sheriff's Homicide Detectives responded and are conducting an investigation.



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Anyone with information about this incident is asked to call the Sheriff's Homicide Unit at (858) 285-6330/after hours at (858) 565-5200. You can also remain anonymous by calling Crime Stoppers at (888) 580-8477.

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