

For further information about other services in the community, where available, you may contact:

**2-1-1 San Diego**

2-1-1 (24/7 hotline)  
www.211sandiego.org

**Access Inc. (Immigration Legal Services)**

(858) 560-0871 www.access2jobs.org

**Aging and Independence Services**

(800) 339-4661  
www.sandiegocounty.gov

**Amigas Punto Com**

(619) 427-0301  
www.amigaspuntocom.org

**Casa Familiar**

(619) 428-1115  
www.casafamiliar.org

**CILS - California Indian Legal Services**

(760) 746-8941  
www.calindian.org

**County of San Diego Child Welfare Services**

(800) 344-6000 / (858) 560-5191  
www.sdcounty.ca.gov

**Crisis House (El Cajon)**

619-444-1194 www.crisishouse.org

**Indian Health Council**

(760) 749-1410  
www.indianhealth.com

**La Mesa City Hope (East County)**

(619) 319-4423  
www.cityhopenow.org

**Legal Aid Society of San Diego, Inc.**

(877) 534-2524  
www.lasds.org

**The LGBT Community Center**

(619) 692-2077  
www.thecentersd.org

**License to Freedom**

**(Refugees/Immigrants Communities)**  
(619) 401-2800 / (619) 813-7415 (Arabic)  
www.licensetofreedom.org

**Palomar Health— Forensic Health Services**

(888) 211-6347  
www.PalomarHealth.org/ForensicHealth

**Paternal Opportunities, Programs & Services**

(619) 683-9340 ext. 33010  
www.sandiegopops.org

**San Diego District Attorney's Office**

**Victim Services Program**  
(619) 531-4041  
www.sdca.org

**San Diego Family Justice Center**

(619) 533-6000  
www.sandiegofjc.org

**San Diego Volunteer Lawyer Program**

(619) 235-5656  
www.sdvlp.org

**San Diego Youth Services- Youth Shelter**

(866) 752-2327  
www.sdyouthservices.org

**Southern Indian Health Council**

(800) 400-1189 (East County)  
www.sihc.org

**Strong Hearted Native Women's Coalition**

(760) 644-4781 (North County)  
www.strongheartednativewomen.org

*For information about the California Victims' Compensation Program you may contact*

*1-800-777-9229*



**San Diego Sheriff's  
Department  
DOMESTIC VIOLENCE  
RESOURCE GUIDE**

Case Number

**EMERGENCY: Dial 9-1-1**

**Non-Emergency Sheriff's Dispatch:  
1-858-565-5200 | www.sdsheiff.net**

**NATIONAL HOTLINES 24/7**

- ◆ **National Domestic Violence Hotline**  
(800) 799-7233 (SAFE)
- ◆ **National Sexual Assault Hotline**  
(800) 656-4673 (HOPE)
- ◆ **National Human Trafficking Hotline**  
(888) 373-7888
- ◆ **Access & Crisis Line**  
(888) 724-7240

**CRISIS SHELTER/COUNSELING:**

- ◆ **Center for Community Solutions (24/7)**  
(888) 385-4657 www.ccssd.org
- ◆ **YWCA of San Diego County**  
(619) 234-3164 www.ywcasandiego.org
- ◆ **Community Resource Center (24/7)**  
(877) 633-1112 www.crcncc.org
- ◆ **South Bay Community Services (24/7)**  
(800) 640-2933  
www.southbaycommunityservices.org
- ◆ **Women's Resource Center**  
(760) 757-3500 www.wrcsd.org

**Domestic violence is as a pattern of behavior in a relationship that is used to gain or maintain power and control over an intimate partner.** An intimate partner is a current or former spouse, cohabitant, dating or engaged relationship, or person with whom one is having or has a child with. **Domestic violence by a person known to you, including your spouse, is a crime.** Law enforcement may make an arrest of your abuser without your cooperation pursuant to California Penal Code Section 13701(b). **You may contact the District Attorney or City Attorney to file a criminal complaint.**

**Abuse can be physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person.** This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, or injure someone. Domestic violence victims come from every age group, gender, religion, ethnic/racial group, socioeconomic level, educational level and sexual orientation.

**Strangulation injuries are often not visible AND can cause serious internal injuries.** Strangulation has been identified as one of the most lethal forms of domestic violence. Unconsciousness may occur within seconds and death within minutes. If someone has placed anything around or against your neck, you should seek medical attention immediately. If you or someone you know has been strangled or suffocated, **CALL 911.**

**Sexual Assault by a person who is known to you, including sexual assault by your spouse, is a crime.** If you are sexually assaulted, call 911 immediately or go to the nearest hospital and request a Sexual Assault Response Team (SART) exam. Please DO NOT wash, shower, douche, change clothes or brush your teeth. A forensic nurse examiner specially trained to provide an evidentiary exam, a law enforcement officer to conduct an investigation, and a victim advocate for emotional support will be available to you.



**Your abuser may be released from custody at anytime!** Register to be notified of an inmates release or facility transfer status through "**Victim Information and Notification Everyday**" or VINE. Call VINE toll-free at (866) 277-7477 or visit on the web at [www.vinelink.com](http://www.vinelink.com)

**You have the right to file a civil suit for losses** suffered as a result of the abuse, including medical expenses, loss of earnings, and other expenses for injuries sustained and damage to property, and any other related expenses incurred by you or any agency that shelters you. *For further information about a shelter you may contact resources on this pamphlet.*

**You have the right receive an Emergency Protective Order or to go to the Superior Court and file a petition requesting any of the following court orders for relief:**

- Restraining your attacker from abusing you or any other family member.
- Directing your attacker to leave your household and preventing your attacker from entering your residence, school, business or place of employment.
- Awarding you or the other parent custody of, or visitation with, your minor child or children and directing the party not granted custody, to pay support of minor children, if that party has a legal obligation to do so.
- Restraining your attacker from molesting or interfering with minor children in your custody.
- Directing the defendant to make specified debit payments coming due while the order is in effect.
- Directing that either or both parties participate in counseling.

**San Diego Superior Courts: Restraining Orders**

East County (619) 456-4100  
North County (760) 201-8600  
South County (619) 746-6200  
Central (619) 844-2777  
[www.sdcourt.ca.gov](http://www.sdcourt.ca.gov)

**San Diego Volunteer Lawyer Program**

(619) 235-5656 [www.sdvlp.org](http://www.sdvlp.org)