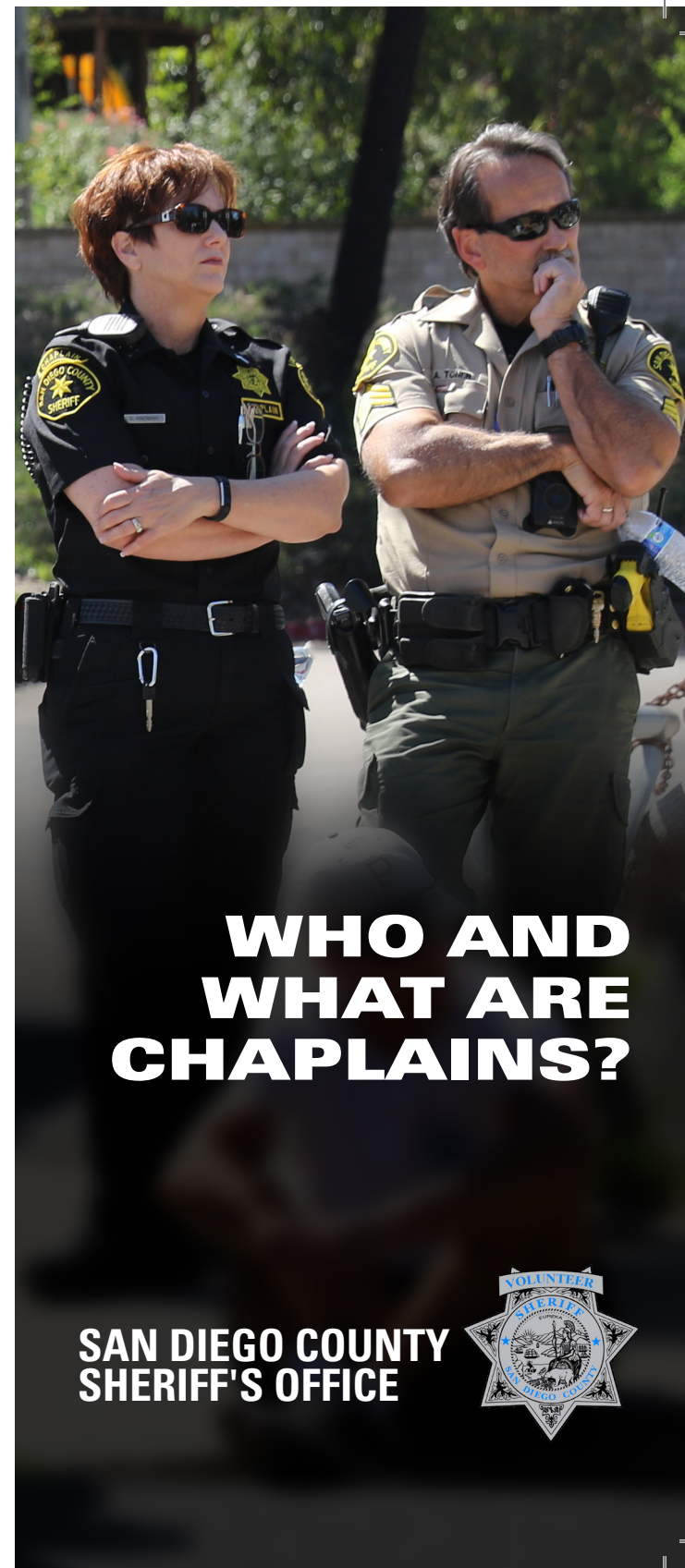


In an effort to provide services for the whole person — body, mind and spirit — the San Diego County Sheriff's Office growing, confidential chaplain program is available to all its employees and their families 24 hours a day, 365 days a year.

SEEKING SUPPORT

To make a *confidential connection* with a chaplain simply text or call 760-445-8668.

To make a general contact email
SheriffChaplain@sdsheriff.org.



WHO AND WHAT ARE CHAPLAINS?

SAN DIEGO COUNTY SHERIFF'S OFFICE



SAN DIEGO COUNTY SHERIFF CHAPLAIN

Chaplains are volunteers from various faith communities who are there to assist deputies, office staff and their families during stressful, confusing or difficult times.

Part of a triad of care, Chaplains – along with Peer Support and mental health – are available 24/7 to support your well-being.

Chaplains are **specially trained** to provide personal and professional assistance to the law enforcement community, by helping at critical incidents, assisting crime victims, and making major-injury or death notifications. Chaplains are also commonly called upon to offer invocations at ceremonies and perform weddings and funerals for office personnel.



Outside of the chain of command, chaplains offer an informal, non-documented, confidential source of support for sworn and non-sworn personnel and their families.

Office **chaplains are not here to promote a particular faith** or to replace your own clergy or religious advisors we are simply ready to support you in any way. Our services are given to all regardless of race, religion, gender, or national origin.

No one is confronted with more burdensome, negative situations than those who work in the law enforcement arena. Your **chaplains are here to help you** release your burdens, regain your footing and reconnect with all that is life-giving and beautiful in your life.

chaplain *noun*
chap-lain | \ 'cha-plən \

DEFINITION OF CHAPLAIN

- a person who ministers or cares for others

"A Minister in the Work Place"